

# LifeWave X39™

**The LifeWave X39™** is clinically proven to support healthy stem cell activity which promotes healing, restoration, and rejuvenation in a completely non-invasive and safe way. It provides the body with a new level of health and vitality. Using a patented form of phototherapy, LifeWave X39™ patch, elevates a copper peptide, GHK-Cu, which is known to decline with age. When elevated, this peptide activates the body's own stem cells providing incredible benefits such as better wound healing, heightened energy, deeper sleep, rapid pain relief and even a reduction in the appearance of lines and wrinkles. Backed by multiple clinical studies and 20 years of development, the LifeWave X39™ patch has been shown to provide the following health benefits: Performance, Fast Relief, Youth Renewal, Energy and Sleep. All of these are being reported back to us in ways that have been and are truly amazing.

## **We Continue to learn from those who are using LifeWave X39™ Patches.**

There are times when we start the LifeWave X39™ Patch with hopes that the body will heal itself in the exact place that we want healing the most. In the early days or weeks of use, we may not feel any changes, but based on the clinical studies, we know that changes are actually taking place at the cellular level. We need only stay consistent with the X39 patch for the body to demonstrate its healing power. Stem cells know best where to go first. Our intention for that specific body area to heal may not be the first change in our health, but the body is working in that direction. Other improvements are frequently noticed first and often very quickly. Here are some of the first improvements that I and other clients have seen first as unexpected initial changes: Better Sleep, More Focus, Improved Mood, Fast Nail and Hair Growth, Hair Regrowth in original color (gray/white reduced!), Improvement in Skin.

**I personally began the X39 patch on July 1, 2023**, and knew I had to share this amazing health promoting product with my friends and family. It is a Level 1 Medical Device registered with the FDA. It is safe, effective and affordable (approximately \$3.50 a day with 1 patch per day.) Immediately I began receiving positive testimonies from those who accepted the challenge to add this to their already healthy protocol with no interference with any medication because with non-transdermal phototherapy nothing enters the skin.

*Barbara Hribar*

## **General Health & Wellness Testimonials**

### **X39: Circulation ~ Significant Difference**

My father is confined to a wheelchair and his circulation is seriously compromised. His feet used to be purple and red in color and swollen, causing discomfort and pain. I put an X39 patch on the top of each foot and he has experienced considerable improvement. Within one week, his feet are just barely pink and flesh colored and the swelling has diminished. So grateful! Kristina G.

### **X39: Childhood Stress Lifted, Energy, Hair, Collagen Improved**

I have been wearing my LifeWave® patches for almost 4 months. As someone who has suffered with severe childhood stress ~ continuing all my life, the first thing I noticed was that I felt very calm and that made my digestion better! Then I noticed I wasn't getting up as much in the night, and I was able to go back to sleep more easily. I have so much energy now to get through my day that I now can do over 17,000 steps on my Fitbit when 10,000 used to be a fantastic day! The bonus is that my body's own collagen production has kicked-in, and my fine lines and wrinkles are fading as well as my scars. I'm not quite sure how I feel about my gray hair getting dark again. :-) LOL. Sandra B.

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### **X39 & Aeon: Stress and Pain Relieved**

I was introduced to **The LifeWave X39™** patches a little over two weeks ago. I was interested in trying them after I watched a few YouTube programs and went to a meeting regarding this product. I was especially interested in whether it could help with my anxiety. I started using the X-39 patch. I felt there was a difference and I wasn't feeling as jittery as I had been feeling. I definitely felt there was a difference, but I still wasn't quite where I wanted to feel. So, a week later I added an Aeon patch because it helps with the parasympathetic nervous system and also helps with inflammation. I felt when I added the second patch, I was feeling a difference. So in the short time I have been using it, I can tell there is a difference with my anxiety. I will continue to put my patches on every day and learn what else they can do for me.

My son was going to have to do a 14 hour drive, but had hurt his back at work and wasn't sure how he would be able to drive with the pain he was in. I took some X-39 patches to him. I put a patch on his back where he was hurting. While I was explaining how the patches work, he was walking around and saying that his back felt less tight. That was just in minutes. He couldn't believe it because he has hurt his back in the past and he didn't get this kind of relief. He texted me later to tell me his back was definitely better. He got up the next morning at 3:00 am, put on a patch and headed out, and drove 15 hours straight. I talked to him later and he couldn't believe that he didn't have any pain. He was totally impressed with the X39 patch. Pat C.

### **X39, Aeon, Carnosine: Facial Surgery with Unexpected Benefits**

I had to have surgery near my nose and the dermatologist said I had to go to a plastic surgeon that could do a better job. Before the surgery, the plastic surgeon told me that I would have swollen eyes and black spots on my face right after the surgery. I did not have any of that at all! I put my patches over the gauze. I put Carnosine, X39 and Aeon all on top of each other. After I gave my doctor all the information on my patches, he told me to keep using my patches after the stitches were removed. Lucy B.

### **X39: Well Being, Stress, Reduction, Knees Improved**

We've used the X39 for general whole body use. My husband has noticed improvement in his shoulders and over all energy and mental clarity. I have knee issues, which is basically bone-on-bone, and I've been using the Ice Wave to release the negative energy without drugs, chemicals or stimulants. This is helping a lot. We've also tried the Aeon patches. Those are great also because they helped us relax and reduce stress. So far we really are feeling better! Donna B.

### **X39: Shoulder and Back Pain Relief**

I myself have had big improvement in my shoulder discomfort. After trying for a year to heal it, using X39 for 3 months, it now feels normal. Using Ice Wave I had a good response to an unexpected back pain recently. Although it wasn't immediate, it was cleared by the end of the day! Patience paid off! Carol M.

### **X39: Overall Health Improved ~ Knees, Sleep, Neck, Clarity, Focus**

My husband would usually be up 3 or more times to the restroom, but after only 2 months, he may be up once, or not at all. He also had knee surgery a few years ago, and had a difficult time walking the dogs without discomfort. Now, he walks them with no problems. We both are sleeping better at night, deeper, better quality rest. I have used X39 on a neck injury from several years ago, and relief is immediate. I also note that I have more energy during the day, more clarity and focus, as does my husband. We have been on the X39 patch for 3 months, and can't wait to see what else changes! Lynn L.

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### **X39: Extreme Arm Discomfort – Relief**

I had terrible discomfort... like an electric shock... in my dominant hand going up to my elbow. It was waking me up a couple times a night and it was excruciating. Within about 2 weeks after using X39 the awful sensations have ceased! Jillian B.

### **X39, Aeon & Energy Enhancer: Discomfort & Stiffness, From Low Stamina to Energy**

For about a year and a half, I have had discomfort and stiffness in my right shoulder, with lots of interesting popping and cracking accompanying movement. I started using the X39 and Aeon patches on my right shoulder in August and it is much improved, only cracking and popping if I overdo gardening for a day or so. I am seeing marked improvement and no more discomfort or stiffness.

I am 75 years old and over the past few years, I have only had enough energy for about 2 hours of yard work a day. Last week I had a lot of yard work to do and worked in the yard three days in a row. The first day I put on the Energy Enhancer patches and was astounded that I could work for 5 hours straight through!! So just to see, I did not use the patches the next day. I struggled through only a couple hours. On the third day I used the Energy Enhancer patches again, and again I had way more energy and stamina! It is interesting, I didn't feel buzzed or anything like that, just stronger, and much more stamina, reminiscent of when I was in my 30's.

Carol M.

### **X39: Energy & Nails**

X39 Wow! Wow! I have had increased energy and my nails are definitely growing better! I have a commitment to follow through on things now! Vicki R.

### **X39: Arm Relief**

After my friend left her first X39 Conversations Meeting at my home recently, I received several texts from her: *"I can't believe it! My right arm is not sore where is always sore. As I left your house it was sore from the shoulder to the elbow, and already I can massage it and it is not sore! I cannot believe this! It is miraculous! It's working! I feel much, much better already on my arm. I will get back to you tomorrow. Much love, Barbara*

*Later in the day - My arm is normally so sore. I can barely use it, but now it is miraculously moving above my head and below and beneath my back. I can't believe it, and I've only had this patch on since I left your house. I will keep in touch."*

Later: *"My arm is normally so sore. I can barely get into the car without it ouching and annoying me, and now it is so flexible. I can't believe it! it's only been since one 3 o'clock!"*

*"And it's even better than when the Massage Therapist works on me, and I'm in pain the whole time! I'm going to bed now because I feel so relaxed I'll check with you tomorrow. Do I really need to take it off at night? 😊"*

Not everyone is a "one patch wonder" but it does happen in about 2 out of 10 people. When this happens we are reminded how important it is to share LifeWave X39™. We are so grateful for all these positive experience and so grateful that it is safe, effective and affordable!

My friend and I are staying in touch and she is continuing with the patch with only a few times have some of the pain return. Remember this is a healing process, and there are cells turning over immediately and ongoing. Trust the process! Barbara H.

### **X39: Family Success**

I would like to share my story about LifeWave X 39 pain patch. I learned about this from Barb. She sent me four of them to try. I had great results within 4 days of using the patch. I felt great, my pain level was actually under control. With that experience, I ordered extra x39 patches. I ordered x39 patches for myself, my husband and 30 extra to share with family and friends. The results that we have had are unbelievable. My

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blood pressure is beginning to stabilize. I sleep better at night. My pain level in various parts of my body has been decreased by at least 50%. My husband's results, in my opinion, are remarkable. He has tendinitis in the palm of his hand. The very first patch he used, he put it on the palm of his hand where the pain was located. The pain has diminished by 60% he told me. I, kid you not! Teen T.

### **X39: Up and About**

From my niece:

"I have been feeling better than I have for a long time. I'm helping decorate the house and Christmas tree. I thought those days were behind me. I take breaks, of course, but am able to be up for longer than I could before starting LifeWave. I have added to my morning mantra—Thank you for the willingness to try different ways to help myself." Wendy J.

### **Energy Enhancer: Energy & Stamina**

I am 75 years old and over the past few years, I have only had enough energy for about 2 hours of yard work a day. Last week I had a lot of yard work to do and worked in the yard three days in a row. The first day I put on the Energy Enhancer patches and was astounded that I could work for 5 hours straight through!! So just to see, I did not use the patches the next day. I struggled through only a couple hours. On the third day I used the Energy Enhancer patches again, and again I had way more energy and stamina! It is interesting, I didn't feel "buzzed", just stronger, and much more stamina, reminiscent of when I was in my 30's. Carol M.

### **X39: Relief Before Surgery!**

The patch is definitely making a difference. I took two Motrin at 5:30 last night, and I have had nothing since then! I purposely didn't take my usual eight hour Tylenol before bed so I could see if the patch was making a difference. I was walking easier before I went to bed last night and slept about the same but without any OTC pain stuff. Can't wait to get more today to keep going! Also have less swelling below my knee. Char K.

### **X39: Eye Improvement**

After my stroke in 2019 I went to see an ophthalmologist and he told me I lost some of my peripheral vision. He also said I have very bad dry eye. Since then I've gone to two different optometrists and I'm using prescription eye drops. My eye hurts so bad some days it just feels like it's swollen out of proportion. So last night, I said what the heck and I patched my eye on my eyelid and went to bed. This morning when I woke up I took the patch off and my eye felt like there was nothing wrong with it. It felt like all the inflammation went away. I can't believe it. Tonight I'm going to do the other eye. Have a wonderful weekend! Teena T.

### **X39: Sleep, Tremors, Knee and Motivation**

I have been using X39 for about 15 days and I'm noticing that my knees do not hurt in the morning, or at all. Also the tremors in my arm have lessened. I am sleeping about 9 hours which is more, and it's getting me back to healthier eating to. Grateful! Rita

### **X39: Improvement in Child's Developmental Progress**

My 5-year-old grandson has a neurological issue where he seems to speak in his own language, and not easily understood by family or teachers. He's very bright, but can't easily communicate his needs. Even with speech therapy and occupational therapy, for the past two years, any improvement has been very slow. After one month using the x39 patch, he is calmer, and speaking clearly in sentences, and is easily understood by

everyone. He is much improved, and even after two days on the patch, his teacher asked his parents what they were doing differently because his behavior was calmer, and he paid attention, and interacted with the class. His parents are so happy he is improving so much. His mom sent me an audio message with him speaking so clearly! 😊 Lynn L.

### **X39: Memory, Focus, Flexibility**

Sitting around the table with my friends, we were recognizing how our memories were becoming fresh! How perfect! Also I was pretty much unable to pull either leg up and cross it with my foot on my knee. Now what Flexibility! Having had at least 4 years of groin pain in both of my legs, the pain is now totally gone! I went back to my jitterbug club recently and I was actually able to remember the names of people that I hadn't seen in years, when I couldn't do that back then. All due to X 39. Vicki R.

### **X39: Relief in Neck Area**

My best friend that I've known since I was 15 years old came over the other night for dinner. Prior to that she wanted to order some of the patches and I said well when you come over I'm going to give you some and see how you like them. She had a pain in her neck that she's been dealing with for months. She showed me where the pain was on her neck and I patched her. Within 20 to 30 minutes. Her pain was gone. She said her neck hurt so bad that morning that she was ready to go to the ER. So I had to share her story. I know she'll be sharing it with others, because she is that kind of person. Teen T.

### **X39 & X49: Yardwork! Poison Ivy/Oak, Muscle Strain**

I have been using X39 and X49 on alternating days for about two months. I have had low back pain for weeks/maybe months. Previously, pulling weeds was sure to leave me walking at a 90-degree angle. I pulled weeds for six hours, and my back did hurt more than usual. So I applied the X39 directly to my sore low back. I don't know how it happened, but I have had no back discomfort since! After weeding around my pine trees, I contracted poison ivy/oak. Usually it takes weeks of cream application and prednisone to get rid of it. I was surprised and elated that after using X39 that I only needed to use the prednisone for 3 days! I no longer have burning or itching and the redness was fading. Quick Improvement! I'm now tapering down my use of the prednisone. If I hadn't had these experiences happen to me, I probably wouldn't believe it. Now I know that by using X39, my body has what it needs to repair and maintain. Marta M.

### **X39: Old Injury**

I was in a car accident 4.5 years ago and have been slowly recovering through therapy. I could barely walk on my own and was bent over at a 45 degree angle most of the time. After using the LifeWave X39 Patches for 6 days, I was able to stand nearly straight with significantly reduced pain levels, increased stamina and better sleep. In addition severe nightly hives disappeared and extremely receded gums have now started growing back. Last night I went to see my grandson's 1<sup>st</sup> grade music performance, and I walked all the way to the top tier of the auditorium to sit. Then afterwards I walked about 800 feet to the truck. On the way home I walked all around the grocery store for the first time in all these years. I'm so happy! I can't even begin to describe it! Then this morning I went to my medical fitness workout and did wall squats! 😊 I was so depressed just a couple of months ago because "they" said I had no hope...bone on bone, stenosis, degenerative discs, but today I did wall squats! So Grateful! Jody E.

### **X39, X49 & Carnosine: Back, Lungs, Pressure, Dry Eyes**

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LifeWave X39 is my new best friend. I've been patching for approximately 4 months. It's so simple! The results are incredible! My back pain went from a 10 to a 4 in a very short period of time. My blood pressure is becoming stable! I have had COPD for over 7 years. But now I do not even need to use my inhaler. I recently had a pulmonary breathing test, and it came back good! I have more energy and I'm feeling stronger than I have felt in years. The point is that the X39 is helping me with a lot of health issues. I have been patching with other LifeWave patches: X49 (muscle and bone strength) and carnosine (brain 😊) and others. I was diagnosed with severe dry eye 5 years ago. I got to the point that my discomfort was so severe that I could not open my eyes when I woke up. I decided to patch! I put the X39 on my eyelid with my eye closed and went to bed. When I woke up in the morning, I was shocked that my eye was comfortable. Thank you, Barb, for introducing me to LifeWave. Teena T.

### **X39 & Aeon: Pure Joy!**

I am 72 and have been using LifeWave patches for 17 months. I have a noticeable all-over sense of well-being, joy and more energy. I am enjoying life more. I have not had a severe palpitation for 12 months since adding Aeon along with X39! Anxiety and gut issues cleared up after using that combo. My eyes have also been enjoying a significant improvement which allowed me to cancel laser surgery! Osteoarthritis is also no longer a problem. I have great blood work, better skin and sleep. Numerous benefits! Worth every penny! Colleen C.

### **X39 & X49: Balance, Ambulation and Energy**

I began using LifeWave X39 and Aeon patches because I was experiencing difficulty with poor balance, ambulation and low energy. I had purchased a home that needed considerable renovation. My symptoms were so much improved that I was actually able to be active in all aspects of the renovation!! So grateful for boost!! I have added X49 as well to support my structure! Wendy J.

### **X39: Sleep, Calm, Dreams, Skin, Joints**

I have been using the X39 LifeWave patches for about 2½ months. I have found that my sleep has now improved. I'm sleeping longer and my dream life has calmed down. Also I notice improvements in my skin and the discomfort in my joints has definitely decreased. Laura S.

### **X39: Feeling Better!**

I am using X39 and feeling better! I have more energy too! Thanks, Barbara J.

### **X39: Lower Back – Fast Improvement**

After cooking for a few hours, I experienced lower back discomfort. I placed an X39 at the base of my spine. In SECONDS I felt the activation! I kept cooking another couple of hours with my back feeling good....as if nothing ever happened! Valerie S.

### **X39 & Aeon: 97 Year Old Dad**

My 97 year old father was experiencing shoulder discomfort, which was causing sleepless nights and agonizing days. He had tried several pain relieving meds, over the counter salves, etc. Nothing worked. I gave him X39 and Aeon patches to try for a few days. He applied the X39 to his chest and Aeon to his sore shoulder. He told me he was finally completely ok for those 2 days! Just need to continue! Lynn L.

### **X39: 81 Year Old Friend**

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My 81 year old girlfriend lives on the 4th floor of an apartment building. She would walk up the 4 flights instead of taking the elevator, but need to stop at every floor to rest. After applying the X39 patch for a few days, she was walking up those 4 flights with bags of groceries without stopping! Lynn L.

### **X39 & Aeon: Inflammation Reduction**

Having had extreme discomfort, swelling and heat around my knee, I found relief by applying X39 daytime and Aeon at night to that area for 1 week with a reduction of all symptoms. Barb M.

### **X39: Commitment**

I'm committed to X39 now for a year! I'm feeling improvement in my hips and joints and I want this relieve and freedom to continue! Thank You! Laurie S.

### **X39 & Energy Enhancer: Energy**

This week I added the LifeWave Energy Enhancer dual patches with X39 and WOW! Energy Enhance during the day is like sipping on a cup of coffee – lots of great energy all day! Not hyper, just energy to get more done and to keep moving, both mentally and physically. Energy Enhancer was the first patch that medical device inventor, David Schmidt, created and worked with our Navy to help Marines! They suffered with fatigue and health issues from lack of daylight and conditions of living in the submarines for weeks and months at a time. The results were incredible! Energy Enhance was proven effective. So glad I tried it, I don't need coffee anymore! Lori V.

### **IceWave: Relief from Extreme Discomfort**

I have had two remarkable experiences with the IceWave Patches! The first time I used IceWave was on my neck for extreme discomfort, and IceWave allowed my neck to respond by feeling comfortable again. Then recently when I was having extreme discomfort in my wrist, I used the IceWave patches and had instant relief. Joyce

### **Aeon: Chronic Neck Discomfort**

The Aeon patch has been a great help to me with chronic neck pain. I put it on at night and wake up in the morning free of any discomfort. I have also found major relief from occasional back pain with the Carnosine patch, placed on the small of my back. Lynn

### **X39: Sleep Improvement**

I have been wearing the X39 patch for almost two years. I had received all the benefits of X39 except for improved sleep. However, just a few months ago my sleep started getting a better. Now gratefully I often am getting 3-4 hours at a time, which is a miracle for me! It was very hard to be without sleep for many years and now my sleep is returning and the bonus is that I am having dreams! Sandra B.

### **Glutathione: Immune System Support**

Several times this winter, I felt "the bug" coming on! I know my symptoms from the past. Each time I place a Glutathione LifeWave patch on my wrist, I found all the symptoms left! I was amazed but surely grateful! I did that several times this winter and received that same relief. So I decided that it would be wise to wear that

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patch whenever I'm out in the public arena, and it's been a very healthy, happy winter for me. I'm so grateful!  
Barbara H.

#### **Alavida: Softer Skin**

I started the **Alavida** patch 3 weeks ago ~ I'm noticing softer skin texture and less dry flaky skin near temples!  
Gerri

#### **X39: Stamina**

It was a good day! The patches were an added benefit today, when 2 PM rolled around. The patch got me thru the rest of the shift, and I am now home, getting settled-in for another day at it tomorrow! ~ Gretchen

#### **X39: Relief – Less Discomfort**

Things are fine with the patch! I am already noticing less discomfort in my spine! My partner has less discomfort in her ankles, and I have less discomfort first thing in the morning. Next we will get into the websites to learn more. ~ Terry

#### **Aeon: Deeper Sleep**

I was using **Aeon** during the day with my X39 (whole body regeneration) to reduce inflammation and assist my parasympathetic nervous system to feel more relaxed and was very successful. I recently chose to use **Aeon** just at night, and I have found that I am sleeping longer and more soundly. Dreams are showing up too! ~  
Barbara

## **Youthful Living LifeWave Brand Partners Team Zoom Meetings - Mondays 11:00 AM ET**

Youthful Living Brand Partners come together to support one another in achieving a happier, healthier, more successful life.

- We share our questions and successes regarding health in general (ours and our clients'), what's working and what appears not to be working.
- We discuss the effective practices for building a health-based business.
- We include LifeWave strategies specific to product and business.

For more information on joining our Health and Business Team Meeting, contact your LifeWave Sponsor for more information.

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