



XyliBrite® Toothpaste... and Bulk

All-Natural Oral Health Maintenance

XyliBrite® toothpaste features xylitol, a natural sweetener derived from vegetables and fruits. Xylitol helps create an oral environment where microbes can't linger as it inhibits the ability of cavity-causing bacteria to adhere to teeth and mouth tissues. Using xylitol regularly helps reduce dental plaque and promotes better oral health. Xylitol also gives XyliBrite a sweet taste. Baking soda and silica powder act as mild abrasives to clean and polish teeth. XyliBrite leaves your mouth fresh and minty.



Suggested Use: Apply a small amount to toothbrush and brush for 1 to 2 minutes. Rinse mouth and brush as desired. Brush with XyliBrite® between meals.

The Sugar That's Good for You



A great ally in satisfying your sweet tooth in a healthy way is xylitol. Xylitol is a naturally-occurring 5-carbon sugar that has about the same sweetness as sucrose (table sugar) so it can be substituted one-to-one in recipes. However, it has 40% less calories than sucrose and 75% less carbohydrates than sucrose. That's great news for people trying to lose weight.

Xylitol also has a very low glycemic index (7), which means it does not spike blood sugar or cause an insulin reaction. This makes it safe for both hypoglycemics and diabetics.

Even better, xylitol actually helps reduce carbohydrate cravings. So, it really does soothe that savage sweet tooth and help you in your battle to get over your addiction to sweets.

And, best of all, xylitol actually has some great health benefits of its own. Yeast and bacteria can't feed on it, so it actually helps combat yeast infections and bacterial infections like sinusitis, middle ear infections and periodontal (gum) disease.

Xylitol encourages re-mineralization of bones and teeth. This makes it helpful in preventing and reversing osteoporosis. It also gives it a double action against tooth decay. It not only inhibits plaque formation by reducing levels of harmful bacteria in the mouth; it actually helps teeth to increase their resistance to cavities.

Nature's Sunshine offers a high quality [Bulk Xylitol, Nature's Sweet Life](#). When that craving for a sweet treat comes, try out a new recipe from Pinterest... homemade mints, cheesecake, brownies, or mousse sweetened with Xylitol. Using Xylitol in your homemade treats can give you your "sweet fix" and improve your health at the same time.

For Educational Purposes Only. Seek appropriate professional assistance for all serious health problems.

Click Here to Purchase from Nature's Sunshine:

[Nature's Sweet Life Bulk Xylitol](#)

[XyliBrite® Toothpaste](#)

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